Junior/Intermediate activities

School Quiz

Objective:
This is a great way to get students to understand what bullying is and ways to respond.

Materials:
- Pens / pencils
- School Quiz Worksheet (over page)

Method:
- Hand out the School Quiz Worksheet (over page) – answers provided below.

Quiz answers:
1. People who bully are mean on purpose over and over again. **YES**
2. Some kids deserve to be teased or called names. **NO**
3. It is everybody’s responsibility to stop bullying. **YES**
4. It’s OK to watch a kid being bullied. **NO**
5. It’s funny when other people are bullied. **NO**
6. The best way to deal with someone who is bullying you is by fighting back. **NO**
7. If you or someone you know is being bullied, you should tell an adult you trust. **YES**

8. Being a good FRIEND can help you keep bullies away. **YES**
9. If you witness someone being bullied, you are a BYSTANDER. **YES**
10. Spreading a RUMOUR is a form of bullying. **YES**
11. If you see someone being bullied, you should tell an ADULT as soon as possible. **YES**
12. Bullying can make kids who are bullied feel physically SICK. **YES**
Bullying-Free New Zealand

School quiz

Your name: ________________________ class: ________ date: __________

**YES or NO**

1. People who bully are mean on purpose over and over again.  
   Yes [ ] No [ ]

2. Some kids deserve to be teased or called names.  
   Yes [ ] No [ ]

3. It is everybody’s responsibility to stop bullying.  
   Yes [ ] No [ ]

4. It’s OK to watch a kid being bullied.  
   Yes [ ] No [ ]

5. It’s funny when other people are bullied.  
   Yes [ ] No [ ]

6. The best way to deal with someone who is bullying you is by fighting back.  
   Yes [ ] No [ ]

7. If you or someone you know is being bullied, you should tell an adult you trust.  
   Yes [ ] No [ ]

**COMPLETE THE SENTENCE**

*Fill in the blanks with words from the box below:*

8. Being a good _______________ can help you keep bullies away.

9. If you witness someone being bullied, you are a ________________.

10. Spreading a ________________ is a form of bullying.

11. If you see someone being bullied, you should tell an ________________ as soon as you can.

12. Bullying can make kids who are bullied feel physically ____________.

   adult    friend    bystander    sick    rumour