

Workshop 7: Bullying and the NZ curriculum

Trainer's notes

Learning Intentions

- To consider how bullying prevention can be embedded in the school curriculum and the importance of the Key Competences in bullying prevention.

Time needed 1½ hours

Audience School senior management, teachers, teacher aides

Resources Powerpoint slides *Preventing bullying and the NZ curriculum*
Handouts
Key competencies activities
[Bullying prevention and response: A guide for schools](#)
references p26-27

Workshop

1. Introduce the session and explain that the activities and materials are based on the [Bullying prevention and response: A guide for schools](#).

This workshop is designed to help staff explore the ways in which the skills required for preventing bullying can be built in to the curriculum, particularly into the Key Competences and the HPE area of the curriculum.

Trainer Note: The most effective bullying prevention methods are those that are embedded into the culture and ethos of the school and delivered at a whole school level.

It can help to explore bullying prevention as part of the overall school curriculum rather than an add on and also to consider how much of this work is already embedded in the curriculum.

2. **Key competencies**

Show slide on *Preventing bullying and the curriculum: key competencies*. Print out the 3 handouts *Key Competencies Activities* on A3 sheets. Put the sheets on the wall or on desks.

In small groups, using the first sheet *Preventing bullying and the NZ curriculum, key competencies*, ask participants to brainstorm all the ways they meet these key competences and how they support preventing bullying.

Next, there are two activities to choose from:

- i. Use the second sheet *embedding key competencies in existing activities* to repeat the same activity above, but this time considering what other activities and ways could be used to extend these key competencies to focus specifically on preventing bullying. (The example uses taking part in an athletics day.)

OR

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- ii. Use the third sheet *Revising and improving existing activities* in conjunction with the science activity handout.

3. Health and Physical Education

Show slide *Preventing bullying and the curriculum, health and physical education*. This section of the workshop is designed to explore the Specific aspects of the Health and Physical Education Curriculum.

Activity. Use the *Relationships with other people* handout to identify which level of this aspect of the curriculum you work from for the students in your class.

Identify ways in which you could develop the teaching in this area to have a focus on preventing bullying.

Trainer Note: The activities in this workshop have been designed to be broad. This is to allow schools to consider the curriculum in their own school and to explore the ways in which they already address preventing bullying through their teaching and activities in the classroom.

Extension Activity: after the Workshop **Exploring the Kia Kaha resources**

A number of resources and activities are available to support schools and teachers with teaching pro social and relationship skills and preventing bullying skills.

A resource developed in New Zealand for New Zealand schools is the Kia Kaha resource. Explore the most recent version of this at the website and see how activities from this can be included in your school Health and Physical Education Curriculum.

<http://www.police.govt.nz/advice/personal-and-community-advice/school-portal/resources/successful-relationships/kia-kaha>