

‘Getting to know you’ peer support

Outcome:

To encourage older students to look out for younger students and start thinking about how we are all part of one school community supporting each other.

Background:

We are more likely to be able to develop positive bystander skills when we feel connected with those around us. This activity encourages students who might not normally interact to have the time to get to know each other and build positive connections across the school community.



Method

Arrange older and younger students in pairs or small groups.

Allow them opportunities to work / play together during the week and find out about each other through asking simple questions such as:

- What is your favourite film?
- What food do you like?
- What games do you like?
- What do you like about school?
- What do you find hard in school?
- How do you help other people in your school?

Encourage students to think of their own questions.

At the end of the week, ask students to write up their interview or tell others about it.

Create a special Bullying-free NZ school newsletter or magazine featuring photos of the students and their interviews with each other.

Alternative activity

If resources are available, students could record their interviews on audio or video and these could then be shared at the end of the week in an assembly or community session.

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Notes

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