

Bullying-free NZ Staff Quiz

1. What National Administration Guideline does bullying prevention fall into?
2. Which of the following statements are true about bullying?
Bullying ...
 - A. Is deliberate
 - B. Involves a power imbalance
 - C. Needs an audience
 - D. Is repetitive
 - E. Is harmful
 - F. All of the above
3. What is impacted the most by bullying?
 - A. Social life
 - B. Studies
 - C. Future ambitions
 - D. Self-esteem
4. What percentage of same sex / both sex attracted students in the Youth 2012 Survey reported that they experienced bullying on a weekly basis?
 - A. 3.8%
 - B. 5.5%
 - C. 12%
 - D. 15%
5. What was the theme of this year's Bullying-free NZ Week?
 - A. Stay home, stay safe
 - B. Cyberbullying – it's not OK
 - C. Together we can prevent bullying in Aotearoa
 - D. Our school is a bully-free zone

6. Which of the following programmes was originally developed by the NZ Police?

- A. Kia Kaha
- B. Cool Kids
- C. Wellbeing@school
- D. Restorative practice

7. Should schools have a separate bullying and cyberbullying policy?

- A. Yes
- B. No (Schools should have a separate bullying procedure which integrates cyberbullying)
- C. It depends on the school

8. Any bullying prevention and response framework a school uses should:

- A. Be a whole-school approach
- B. Focus on healthy school behaviours
- C. Have provision for regular monitoring and evaluation of outcomes
- D. Include professional development for all staff
- E. All of the above

9. Which of the following bullying response strategies work well?

- A. Stand downs
- B. Time out
- C. Social exclusion
- D. Social problem solving

10. Bullying incidents can involve three roles, can you name them?

(Hint – answers are in the Bullying Prevention and Response Guide for Schools)

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ANSWERS

- 10. 1. Initiator – those that do the bullying
- 2. Targets – those who are bullied
- 3. Bystanders – those who witness the bullying
- 9. D. Social problem solving
- 8. E. All of the above
- separate bullying procedure which integrates cyberbullying)

- 7. B. No (Schools should have a
- 6. A. Kia Kaha
- 5. C. Together we can prevent bullying in Aotearoa
- 4. D. 15%
- 3. D. Self-esteem
- E. Is harmful
- D. Is repetitive
- B. Involves a power imbalance
- 2. A. Is deliberate

- 1. NAG 5, which states:
Each board of trustees is also required to:
provide a safe physical and emotional environment for students;
promote healthy food and nutrition for all students; and
comply in full with any legislation currently in force or that may be developed to ensure the safety of students and employees.