

Let's Talk About It

Here at Browns Bay School we promote anti-bullying because we have the peer mediators' wheel of choice and BBS values BBS stands for Browns Bay School
I'm here to say bully isn't ok because ...

It doesn't make anyone happy, not even the person being the bully is happy .Every person that is bullying someone is having a hard time, maybe it's at home but they are always upset about something . everyone might get bullied once in awhile but you will learn how to deal with it but it's still not ok. Bullying free week is school wide every school does it .

Here's some ways that my school helps with it...

Our school does this thing could star and it helps a lot. It stands for stop' think 'act and report.

Another thing that helps is the class treaty. It helps because everyone has to sign it and if you disobey then it's like disobeying the Treaty of Walfangl.

Another thing we do is reflection diaries we wright in them every monday .

We also have a thing could levels of agency, which is when someone is a driver , a passenger or a co driver. A driver is when you are making decision for yourself co driver is when you are making decision but need some support doing it pasinger is when your only going for a ride and doing nothing .

Our school motto yes a school motto is helping at our school. Our motto is 'Effort Brings Reward'. It's been helping us for ages .

We get certificates which shows your parents that you've been working hard so we are happy. If someone is feeling sad we have girls and boys talk meetings which makes as happy. Once again no more bullying.



By Paige

BULLYING FREE NZ

MY NAME IS EVAN JUNG, THIS IS WHAT I THINK THAT CAN HELP TALK ABOUT BULLYING. WE CAN TEACH HOW TO STAND UP TO BULLIES AND WHY BULLIES BULLY.

HERE'S SOME OF MY SCHOOL DOES TO GET PEOPLE NOT TO BULLY AND TEACH WHAT TO DO WHEN THEIR BULLIED.

MY SCHOOL HAS SOME OF THE THINGS THAT CAN HELP STAND UP TO BULLIES. AND NOT TO BULLY ANYONE ELSE. WE'VE GOT PEER MEDIATORS THEY HELP YOU SOLVE PROBLEMS WHEN YOU'VE GOT A PROBLEM. THERE'S DUTY TEACHERS WHEN THERE'S A FIGHT (PUNCHING, KICKING) AND FINALLY WE'VE GOT LOCK DOWN ON BELLS INCASE SOMEONE IN ANGER

WE HAVE FRIENDSHIP GAMES INCASE YOU GET LONELY, OUR CLASS HAS REACHING FORWARD TO LEARN ABOUT OTHERS AND YOURSELVES AND FINALLY WE'VE GOT CLASS TREATY FOR HOW TO ACT AND BEHAVE IN THE CLASS. WE'VE GOT PRODUCTION TO BRING PEOPLE TOGETHER. WE'VE GOT BUDDY JAR SO YOU DON'T BUDDY WITH ALWAYS THE SAME PEOPLE BECAUSE THEN SOMEONE MIGHT FEEL EXCLUDED AND FINALLY WE'VE GOT CAMP FOR WORKING AS A TEAM.

WE'VE GOT WHEEL OF CHOICE IT TELLS YOU WHAT TO DO WHEN YOU HAVE GOT A PROBLEM. WE HAVE S.T.A.R. (STOP, THINK, ACT, REPORT). WE'VE GOT VALUES FOR HOW TO TREAT PEOPLE SCHOOL WIDE AND WHAT TO DO IN CLASS AND FINALLY I THINK LEARN WHAT TO DO WHEN YOU GET BULLIED IS THE MOST IMPORTANT THING TO DO BECAUSE IF YOU DON'T KNOW WHAT TO DO YOU GET BULLIED THE WHOLE TIME BUT IF YOU DO KNOW YOU CAN STAND UP TO THE BULLY AND YOU WON'T GET BULLIED.

THANK YOU VERY MUCH FOR READING MY ESSAY.



BY EVAN JUNG

Anti Bullying

I think bullying is one kid constantly being mean to a big group of other kids they don't think will stand up for themselves. I also think bullying is hurting people's feelings and constantly being annoying.

Browns Bay School prevents bullying in different ways. We have peer mediators which are kids that come around helping people that have problems at morning tea and lunchtime. We also have duty teachers who walk around looking for kids with bad problems.

Our class does Reaching forward which is when we do work that makes us learn about each other and ourselves. Also at the start of the year our class made a treaty that we all had ideas for then we all signed it. We made it look really old. Our teacher uses a rule called C3B4TE which means see three other students before the teacher.

We have something called goal charts. They are charts that we draw. Sometimes we get stickers and once we get twenty five stickers we make a new one. We have a STAR policy to stop bullying. It stands for stop think act report. This is something you can do if your being bullied.

Every thursday we have buddy class which is when we either go down to room one or they come to us. If they come to use we pick a buddy and they read to us. If we go to them they choose one of us and they read to us again. In our class we have something called levels of agency. You can be a passenger that just goes along for the ride. A co-driver which supports the idea and works towards the group goal. Or a driver which comes up with their own ideas and takes action.

Our school has a wheel of choice which you can go to and it has different things you can do like walk away or count to ten. There is a few wheels of choices around the school.



By Callum

BULLYING FREE NZ

We are a bullying free school because we have students that know it's not right to bully others, they also know that it was bullying free week. They all should know the BBS values Respect, Inquiring Minds, Taking Responsibility and Personal Excellence.

If you need help you can ask for help. It is ok to tell it's not right to do it. We have duty teachers at lunch if you need help. If there's a problem in a classroom you can go to them and tell them. There are peer mediators if someone hurt your feelings you go to them or the wheel of choice do not go to them if you're hurt physically, go to the duty teachers if you're hurt physically.

In room 19 we have a class treaty no bullying and to be doing the right things at the right time. We all have a reflection diary so if you have a problem you tell the teacher. We also have a school motto that is Effort brings reward. The levels of Agency so if you're a passenger you just go along for learning and not doing much, if you're a co-driver that supports the driver, if you're the driver you're teaching others and using your Inquiring minds. So be strong and stop bullying right now.



By Jonathan Ries

Bullying Free NZ

Tatum lay slumped on her bed. The rumours ringing in her head. "Fat ugly twit, she doesn't belong here". The horrible note still in her pocket. "Elephant girl".

Nearly everyone has heard the expression sticks and stones may break my bones but your words will never hurt me but is it really true because words do hurt, a lot. If you have been bullied before you will know it does hurt. Infact a lot of people will know how it feels because over 95 percent of kids by the age of 16 have been bullied, teased and hurt and not many people want to talk about it. Hi, im Maia and i'm here to explain how browns bay school helps bullying.

Browns Bay school has so many options when you want to talk about bullying. Like our our duty teachers for example. As I said earlier not many people want to talk about bullying but our duty teachers are so welcoming that one way or another they help you talk. They were bright, yellow vests so they are easy to spot and there are lots around. Another is the wheel of choice. When you or someone else are about to pick on someone or do something that you know is not right you maybe just need time to think, calm down even. The wheel of choice really helps you with that. It has options that you can choose from to help you calm down or when you need a little help. Because not everyone calms down in the same way so you can choose which one you would like. There is either count to ten and take 5 deep breaths or walk away. You choose. S.T.A.R. is also an option. When you have been bullied or picked on you also need time to think. Is what the bully is doing right? Is the bullying getting worse? S.T.A.R. stands for stop, think, act, report. Stop means to just stop what you are doing and just sit down. Think means to think if what the bullie is doing is right? Act means to action the appropriate thing as in walk away or stay stop it. Report means to tell either a duty teacher like I said or someone that you trust. Finally there are our peer mediators. If you have been bullied or teased in a verbal way come see our peer mediators. They help you solve your problems by yourself. They are also all super friendly and they are year sixes so half the time they know what your going through. They were bright green vests and are there to help.

As you can see we have a lot of options here at browns bay school to help bullying and I just listed a few. I hope one day that the bullies will see the effect that they cause on other people's lives. Someday.



By Maia Macfarlane

Let's Talk About It

"Sobbing into my pillow crying for hours" that is my experience with bullying so I am determined to changed the way kiwis act or maybe the whole world. So this is a list of some important things we do to stop bullying at Browns Bay School.

Number Tahi . Browns Bay School has a wide range of AP's {senior management} But with AP's these are only for serious problems like a huge fight maybe that went on at Lunch time but I'm getting side tracked. The thing don't be scared to ask for help a specially for those massive problems. So Browns Bay is good at encouraging g us to ask for help to keep the devil bullies away.

Number Rua the school values. I bet every school has them. But with Browns Bay School we have four that we all follow but I will admit we do somethings cross the line. Again I'm getting side tracked. We have Respect, Personal excellence, Taking responsibility and Inquiring minds. So this is a shout out to bullies follow our value of respect because you not being respectful.

Number Toru STAR I bet you have heard of star, well if not listen up. Browns bay School probably gets reminded every year about STAR it stands for Stop, Think, Act, Report. With this strategy it can be used in basically for every problem. So every kid I think at our school knows STAR even year o' s!

Number Wha The rice experiment which you have probably heard of or maybe the apple experiment. But back to the important stuff. The rice experiment is used in my class testing what happens to rice when bullied or loved let me talk more about this. So cooked some rice and place in jars, step two, wait this is the fast version. After placed in jars and make sure they are labelled one labelled bully while the other loved start to bully the bully rice while loving the loved rice and remember to repeat everyday.

Number Rima. Bully free week. In my school all years learn about Bully free week but in my class we did a lot here is a clearer picture on what I am talking about. One of the first activities we did was making a chain, what are you saying your probably thinking well. First you wright something you think you did well in and then join them together as a whole class. Another thing we did was learning about Bullying so like what is crossing the line and what is not and it is so easy all you need so a court with lines and a voice.

So I have come to the end of my list on what my school does to stop bullying hopefully you found this helpful remember bullying is bad. Let's talk about it!



By Jessica Tennant

Let's Talk About It Bullying Free NZ

We students here at Browns Bay School are writing to promote bullying free New Zealand.

Browns Bay School is a bullying free school thanks to students knowing that bullying is not the right thing to do. Our school values remind us to not bully and to respect everyone around us. Respect and Taking Responsibility are the best ones in the case of bullying. Respect, which is pretty self explanatory, for example treat others how you would like to be treated. Taking responsibility is still as important as respect as you are encouraged to make sensible choices in school.

We use our own school solutions to help solve bullying problems.

Students use our **Wheel of Choice** to solve tension independently, which has a variety of solutions to solve problems. Another of our anti-bullying solutions is

S.T.A.R, which stands for **Stop, Think, Act and Report**. We use this if we think that the situation has escalated too far and that the victim of the bully needs to report to a teacher or a lunchtime supervisor, aka a duty teacher. **Peer Mediators** go out at lunchtime and are the ones to sort verbal bullying and redirect you to the duty teacher if physical harm. **Duty Teachers** help at lunchtime and cover all types of harm, physical, psychological or verbal.

In the end, any type of bullying is not ok, whether or not it is physical, psychological or verbal. Make sure that you do not bully and encourage others to stop bullying. Be the one to make a change and stop bullying.



By Santiago C

Bully free NZ let's talk about it!

There was Ally, tears rushing down her face crouching in her locker. The horrible memories raced through her mind like a rocket going into space, you should be ashamed of yourself twit, all those rude words. What is this from you ask? Bullying that's what! If you have been bullied before or have actually seen someone being bullied you'll know that it's not nice at all. So you can use these ways to help you or others in need. At Browns Bay School we promote bully free, so no bullying allowed. We as a school actually use these ways to help others.

It's ok to share

You don't have to be scared or ashamed when you have been bullied, people are there to help you. Like your teacher, you can talk to him or her about what is happening and they may give you advice on how to handle it. Maybe you have family or friends that you trust, that you can ask them to help you. Always remember that you should share how you feel don't be shy. Duty teachers or teachers who are outside at lunch can help you. Have you heard of **STAR**. First is S, S means stop. Is what you've seen right if it's not that brings us to the next letter. T stands for think what should you do. A, act do what you thought if it's sensible. Finally R, report to an adult who you can ask for help. One way that I really like is a boys and girls group talks with the teachers. So basically you talk to your teacher about what has been happening. At my school the teacher arranges a group of girls or boys at lunchtime and you chat to your classmates about how you feel. Peer Mediation is another way of solving bullying. Peer mediators can't help solve any physical abuse only verbal abuse. If someone suffers physical abuse then you should tell a duty teacher or a teacher who is outside at lunch or morning tea immediately.

So that's just a few ways Browns Bay School is a bully free school and how we stop bullying because it is not right in any way.



Daniella Kieser
Browns Bay school
Year 6 Room 19

Bully Free NZ (let's talk about it)

My name is Arnold Quhu, this is what I think that can help talk about Bullying free NZ at (browns bay school)

In my school we have peer mediation, to help the people in trouble, then the duty teacher when there are little fights. Then there's the deputy people that's when they come in, they help with out-of-control staff (Stop, Think, Act, Report). Lockdown drills are a way to keep pupils safe in class by a continuous bell going of.

B.B.S policy to let students/ parent sign a form to admit with the rules. B.B.S values to show the things we value. Wheel of choice to calm people down after being bullied. Levels of agency where there is passenger, Co-driver, Driver. The Class treaty is were everybody in the class signs a poster that has a lot of things written on it.

Camp is a place where kids show friendship, sportsmanship and making friends. Production is a place where everyone works together and shows there talent to everyone so then people actually know what the person's talent is all about. Buddy jar is another kind of help to let other people know about themself rather getting bullied. Reaching forwards is where everyone has fun by writing facts about themself and letting people have the book and find the right person. Student/ Teacher workshop where people share different ideas to the working group. Whole class circle where everyone in the class works in groups of (how many) or works in a whole class at a question. C3B4ME where you see three students before teacher.

(ways to help bullying nz). To be nice, Learn how to express feelings, Goal chart, Learn how to deal with bullies and how to cope with emotions.

Thank you very much for reading my essay.



BY Arnold:)

Bullying Free NZ!!

Bullying Free NZ is a time of week when bullies can talk to become non bullies and have a better life. At BBS we have lots of options to choose from like, the Wheel of Choice, peer mediation, duty teacher, your teacher and the school value.....Respect, Personal Excellence, Inquiring Minds and Taking Responsibility.

Bullying is VERY bad, and that's why we have a bullying free week! If you want to deal with the bully yourself, then here are some things you can do.

1. Ignore the bully.
2. Talk to your friends to help you.
3. Just say "whatever".
4. Talk to your family about it.

"S.T.A.R

Stop, Think, Act, Report.

Stop and think, "what just happened"

Once you thought of what just happened you act and try to find a duty teacher to tell, report to the principal to discuss the situation



Help Stop Bullying!!

By Lexie Taylor.

BULLYING FREE NZ

Have you been bullied? If you have here is some advice to make them not bully you or anyone else. And if you haven't been bullied keep this advice by your side just incase.

First things first, if they bully you once people don't consider that bullying. But if they do it constantly that's bullying.

You also need to be smart with what you do because bullies are smart and they don't just bully one person but a lot of people at the same time.

My first advice is to tell somebody that you trust.

If that bully keeps bullying you it is good to tell senior management for help on what to do.

Second, try stand up for yourself because they will think your weak and can't fight back so they will pick on you more.

Third, at Browns Bay School there is a wheel of choice to help you what to do as well.

Fourth, try get in contact with the bullies parents to let them know what their kid is doing to other kids.

Last but not least, use S.T.A.R stop, think, act, report.

I hope I helped you with some advice to use if/or when someone bullies you.



By Maddy Homer

Bully Free NZ Let's Talk about!

Bullying is a problem that occurs all over the our precious world. We all need to unite and get rid of bullies once and for all. You might be thinking what's in it for us and i'll say the satisfaction of making our world a better place and make 100s of young kiwis feel good about themselves. So what does our school do about it? Well way to much to put into this one essay but here are some of the main ways we make BBS bully free.

Number Uno we have our wheel of choice, the wheel of choice is put up around the school. It has ideas on it on how to help any of your problems. Number Ni (That's japanese for two) we have our peer mediators and Duty teachers. It's pretty obvious what they are (Peer mediation is ran by the amazing peace foundation if you want to learn more it's on there website.)

I'm not going to lie or school isn't completely bully free but we will go out of our way to stop it. BBS encourages you to get up and help our NZ kids. Sorry I guess I'm getting sidetracked even though its important, let's get back to the question how does our school prevent bullying?

Another amazing way we stop bullying is our class treaties all of our classes from year 2-6 read the book treehouse treaty at the beginning of the year after we read the book we come up with ideas we all agree to make our classes friendly and fun for everyone. The class treaties are different in all classes but they are all based on the same ideas respect, inquiring minds, personal excellence.

Next we have our buddie classes here's how it usually works. On Thursday the year six's and year fives go to their buddy classes in the juniors. I know you're probably saying to me in your head, "What has that got to do with preventing bullying?" and your right but just wait and you'll see. In our buddie sessions one class goes to the other and we choose a buddy. Once you've choose your buddy they will read a book to you. Ok here's the part where it helps prevent bullying usually the older kids while pick on younger kids but you wouldn't pick on friends or people your close to right? While in buddy class you grow closer to the younger kids. Which leads to them not getting bullied, you not being a bully and you might make new friends.

So there are some of the ways that we as a school stop bullying. We believe that all of New Zealand Could be bully free if we all work together. I hope this text makes you want to go help our kids, coming from a person who has been bullied before it's not a nice experience so I want to end bullying once and for all!



By Aimee

Bullying Free NEW ZEALAND

Browns Bay School promotes Bullying free NZ in many ways such as **PEER MEDIATION** year 6 who walk around the school trying to solve problems that involve feelings getting hurt on the inside, **DUTY TEACHERS** who help bigger problems like inappropriate language peer mediators don't deal with this.

If the problem is really bad we will get the deputy principal. If this sort of problem goes on for a long time we will contact their parents/caregivers. If the people at our school are lonely we have the **FRIENDSHIP GAMES**. Friendship games are the year 6's who play with the little kids to make them happy again they play with hula hoops, balls, hopscotch, tag, tic tac toe and sand pit.

If you are getting bullied there are more than one option at Browns Bay School we have the wheel of choice if you are feeling angry this is the perfect place to go there are a lot of options on here such as count to 10, WALK AWAY, talk it out, ask others for help, **M.Y.O.B** (mind your own business), go back and try again, sorry (if you are wrong say sorry and tell them to stop).

WE also have the **BBS** values Taking Responsibility, Respected, Personal Excellence. Inquiring Minds and the school motto effort brings reward and that is how Browns Bay School represents bullying free New Zealand. Thank You



BY ORLANDO GIBBON

Let's talk about it

Bullying is a worldwide problem, and it differs in shape and size just as much as its victims. Bullying is a disease, spreading and hurting and making people live in fear. At BBS we treat bullying for what it is .A disease. A disease that needs to be stopped, a disease that needs to be eliminated. Browns bay school has been using several programs to combat bullying. I won't say where a completely bully free school, because no schools perfect, and saying that would be dishonest . But BBS will stop at nothing to filter out hurt, and I must say that they are successful. I'll try to stay humble, but our school is top at helping kids report to them. For instance, Peer mediation. I'm sure you already are informed on what that is, so I will move on. The WHEEL OF CHOICE! Like peer mediation, the wheel has a solution for virtually every situation. Our school also enforces Star , or stop, think, act, and report. Now, on to the theme.

Talking can be the most difficult thing you can ever be faced with. It can also make you feel as if your flying on silver wings, and everything thing inside that bottle of worries hidden your chest has been uncorked. It feels like all your worries are forcing their way out of you. I like to think of it that way. I like to think that a shadow looms around every person, a shadow that stops them from talking about their feelings. When people talk, the shadow crinkles up and dies, (preferably in a really dramatic way) because the secret is out know, and the bully is well and truly busted. Our school wants all i's pupils shadows to disintegrate, and they want us to talk about it. At BBS, anyone who wants to listen is someone you can talk to at .School visitors, teachers, friends, our school teaches us to talk to all of them. They know that no one deserves to be bullied, it's not a 'joke'. And no one ever 'asks for it'. Our school knows full well about this and that's why anyone who is bullied is under their watchful eye. We have class treaty's, school values (respect, responsibility, etc.) Anything and everything you can do! This means a lot to me, because sometimes my shadow monster gets the best of me. I **know** I can talk to anyone. I'll finish on that note, with the hope that I have reached somebody, and made their fear disappear.

STEP UP
STOP BULLYING

By Ella williscroft

LET'S TALK ABOUT IT!

There was tears racing down avas face, why you say, bullying. At Browns Bay school we have many things to help for example S.T.A.R(Stop Think Act Report) it is a way to help kids and solve their problems sometimes you need a teacher but that's ok. And at BBS we have the BBS we have some values like, Respect

- 1 Treat others how you would like to be treated.
- 2 Care for others ,yourself and the environment.
- 3 Ack and value others points of view.
- 4 Appreciate that people come from different cultures with different beliefs.

Taking Responsibility

- 1 Take ownership of your own behaviour belongings and your learning environment.
- 2 Make sensible choices.
- 3 Challenge yourself to become independent.
- 4 Work together cooperatively

Girls and Boy

Sometimes in some classes people have a group talk about problems that has been happening not just at school but outside of school . Last time a girl felt left out, so we all learnt about her.



Lara Deacon

Browns Bay School

Year 6

Let's talk about it!

Introduction

Why do people bully I don't know why to be honest? All I know that it isn't ok but only 50% of the world knows that. People who get bullied at Browns bay school can deal with it in many different ways for example BBS treaty every class in the school has got a treaty. What is a treaty you say? Well it is a agreement on rules and what you should do and not do in school life. It is where everyone in your classroom has to sign the treaty including the teacher when your name gets written on that piece of paper that's it, you need to agree to those rules and if you disobey those rules you will get told off for your bad behaviour around school life.

Camp

Once a year from year 3 to 6 in BBS we get to go on fun adventure for kids to experience life in the wild in many fun ways! All BBS love camp an everything about it is fun. Camp isn't just about learning how to survive in the wild but also to communicate with others. BBS camp is very important and we always make sure it is safe and ok for kids at BBS.

BBS Values

At Browns bay school we also have values we have four of them for example...

Personal Excellence

1. Be your best
2. Have a 'can do' attitude
3. Persevere to achieve your goals and challenges
4. Be resilient.

Those are the Personal Excellence values. All of our values are very important to BBS we look up to the four values and we all respect them. The four values are Respect, Personal Excellence, Taking Responsibility and Inquiring minds.

BBS Motto

Browns Bay school has a motto (effort brings reward). Every single pupil in Browns Bay school knows that those three words is the heart of BBS. We also strive to do our best even if it contains something we don't like to do or something we don't like doing as a person. Effort brings reward has been in our school for years and always

will be. It is very important to our school and we all need to look up to this motto if you are at BBS.

Peer Mediation

Peer Mediation is a great way for all those BBS kid's to solve there problems they have been having at lunch time. It is a program for those year 6's who get trained to help those who are in need! It is every lunchtime. going on around school life.

Personally

I haven't personally felt like i've been bullied but i know that it isn't ok for someone to. Knowing that someone is being bullied is not ok and I think it's important to tell someone if someone is making you feel not good because sharing is caring and can solve problems. So this is how I think Browns bay school does do to help solve bullying.



By Ruby McDonald
Browns Bay School
Year 6

Let's Talk About it

Trying to stay strong but when I got home I burst out crying that's how people feel after being bullied. I would like to make that stop here is an example. My school has S.T.A.R (Stop, think, act, report.) We have activities that can prevent bullying. Our school motto is Effort Brings Rewards.

Duty teachers, duty teachers are staff members that walk around at lunch wearing high vests so everyone can see them and you can go to them if you need help if bullying any physical harm. The wheel of choice is a circle with choices you can make if you feeling down some are walk away, count to ten and M.Y.O.B (mind your own bisnis. People are unique in their own special way, don't be ashamed of scars it is not worth it.

There also friendship games, friendship games is a place where you can go if you are feeling lonely there are year 6's who are there to help. Peer Mediators are people who also walk around at lunch and deal with upset feelings.

The Buddy Jar is a jar of cours with counters in the jar the counters have numbers on them and you have to find the person who has the same number as you and you and you have to go with them.

BBS Values Respect, Personal Excellence, Inquiring Minds, Taking Responsibility we all follow with pride and if you bully you are not being Respectful. No more bullying!



By Hannah Maitland

Bullying Free NEW ZEALAND

Browns Bay School promotes bullying free NZ in many ways such as **Duty Teachers** who patrol the area looking for trouble, we also have **Peer Mediators** who walk around and if anyone has a problem, then they will solve with the people who had a problem. There are also *Wheels of choice* That has 8 options to help you without the peer mediators or Duty Teachers. 1 WALK AWAY 2 TALK IT OUT 3 COUNT TO TEN AND COOL DOWN 4 ASK OTHER FOR HELP (friends family staff) 5 **M.Y.O.B** (mind your own business) 6 SAY SORRY 7 TELL THEM TO STOP 8 GO BACK AND TRY AGAIN.

If our problems are really bad, we tell the deputy principal or the principal. One important thing is that peer mediators handle verbal problems and Duty teachers handle physical problems So don't go to the peer mediators if you've been punched or kicked, Only go to the peer mediator if you've had a argument with someone. Another thing we have is **friendship games** which is were two year sixs go into the juniors and play with any juniors that want play with someone but doesn't have anyone to play with, they play with the hula hoops, the skipping ropes, the netball hoop, the sand pit and lots of other thing the juniors can play with.

We also have the **CLASS TREATY** which is a class agreement on the class expectations and behaviour. One very important thing is the **BBS values**, we have four

TAKING RESPONSIBILITY-sorting your own belongings and behaviour

RESPECT-being kind to others and the environment

INQUIRING MINDS-thinking about everything you do

PERSONAL EXCELLENCE-doing the best you can in all aspects of life

So those are some of the things that Browns Bay School does to promote BULLYING FREE **NZ!!!**



By: Vincent

Bully free NZ (lets talk about it)

Hi my name is Ray Hu and I'm going to show you what is bully free NZ.

First in Browns Bay school there are peer mediation and I'm sure most schools have peer mediators so your safe in school at least, and there are always duty teachers. The lock down drills always help when someone's crazy or something is wrong. S.T.A.R means stop,think,act,report.

BBS Behaviour policy means that your parents or caregivers have to sign this form that your child will follow the rules. Levels of agency is where students as passengers just follow along or copy someones work. Class treaty also means if you sign it you're going to follow the rules except on your own.

Camp is a place and you get to do fun stuff and you sometimes get to meet new people, production is also a place that you get to gather together and meet new people.If you're in new desk groups you can work with new people at lunch if you're lonely you can go to friendship games if you want.

If you have a fight and the teacher doesn't come,you can go to the wheel of choice you can choose lots of ideas like count to 10 and calm down,M.Y.O.D(mind your own business,say sorry and so on. BBS values Respect, Personal, Excellence, Inquiring Minds and Taking Responsibility, all off them represent something.

If you've been bullied previously you know what's going to happen and if he/she's older or younger and also use the C.3.B.4.me strategy(see the teacher before me).



By Ray

BULLYING FREE NZ

Bullying should not happen

Hi my name is Brayden this is how I think we can help let's talk. This is how we do it at Browns Bay School.

We have **friendship games** where if you get lonely you play with year six's. **Wheel of choice** a wheel where it gives you some advice. **S.T.A.R#** (Stop,Think,Act,Report!) **BBS behavior policy** so you know what you can and can't do in school.

We also **duty teachers** and **peer mediators** so if you are being bullied or arguing with bullies you can go to them.

And we can't forget **class treaty** which is kind of like the BBS behaviour policy except just for our class so different rules for different reasons.

By Brayden Hannay



Let's talk about it

Bullying is bad because you can lose your best friends and it not cool because it is thourf to get them back to be your friends.

Bullying is bad because you can get Time out. Wheel of choice helps kids to calm down. School motto effort brings reward .



by oliver

Bullying Free Week.

Browns Bay School helps bullying by putting up the Wheel of choice. The Wheel of Choice is posted all around the school. The Wheel is actually a wheel with heaps of choices that you can do if you're being bullied or feeling upset.

Peer Mediation. Peer Mediation is a patrol of year six students that go around the school. They help solve problem around the school. But if they come across a fight they have to go and tell a teacher to come. Peer Mediators only deal with emotional problems.

Levels of Agency. Levels of Agency is where at the end of the day our class chooses whether they are a Driver, Co-driver or Passenger. If you are a driver you are coming up with ideas, gathering resources, always contributing to work and learning and helping solve the problem. Co-drivers are adding on to the idea contributing to work and learning but need some help. Passengers are just going along for the ride, not contributing to work and learning not coming up with ideas and I need support to work productively. So which are you.

Buddy class. Buddy class is when Room 19 goes to Rm 1 to get picked by a Year 1 and help them read their homework book. This helps us with making new friends and working together cooperatively. This is also helping us to let the Year 1s feel less scared to ask us Year 6s about anything.

Reaching Forward. Reaching Forward is when after lunchtime on Monday the whole class gets out there Reaching forward books and goes in the whole class circle and we tell the whole class whether we completed our last weeks goal then tell the whole class our this weeks goal. If you complete your goal you get a sticker on your goal chart. Your goal chart is a chart with 25 places to put your stickers on. Once you finish those 25 spots, on lunchtime you choose what activity to do. It could be going on the field, playing on computers or just playing on the playground. Overall my opinion is that if someone is bullying you, you need to learn to shut out these negative thoughts and don't try to keep it down tell someone that you trust, like a duty teacher.



By Anton

"Lets Talk About It"

This is an essay about how we promote the bullying free week theme 'lets talk about it' and how we deal with it. Here are some of the things we have:

The **B.B.S. Behaviour Management Policy** is a sheet of rules about how we need to behave inside Browns Bay School.

Peer Mediators are a Year 6 team of kids in orange jackets that have the time to deal with verbal problems and arguments. In year 5 there was a sheet for the people who wanted to join.

The **Wheel Of Choice** is a wheel we have around the school to tell you what to do when you've been bullied. so you won't need to bother a Peer Mediator unless it's really bad.

Most of our classes have a **Class Treaty**, which is our classes set of rules that we follow and sign for an unbreakable promise to always obey. There are different consequences in each class if we break them.

B.B.S. Values are the things Browns Bay School value, such as Respect: To be kind to others and any living life. Personal excellence: To be the best you can be. Responsibility: To take ownership of your belongings. Inquiring minds: Ask questions that are related to the to the topic.

S.T.A.R. Stands for Stop, Think, Act, Report, so we know what we should mostly do, to stop then think "Is this right", tell whom may be doing it to stop, report to peer mediators or a duty teacher if they do not stop.

Levels of Agency is where do we fit in work and learning like if we were a passenger is not making any ideas for the group and needs support to work productively. If we're a co-driver you support ideas need a little amount of support and works productively, lastly if we were a driver were are ready and come up with ideas and uses initiative and takes action.

This is only few of the ways we promote the theme "lets talk about it".

So therefore we are a big "lets talk about it school" because of all of the things we do to promote the theme.



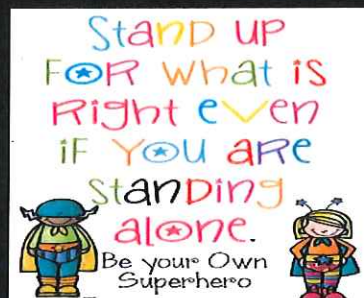
Let's talk about it

Browns Bay School promotes Bullying Free week by doing Reaching Forward. Reaching Forward is when we get to know other people more and see what you have in common with them, and you can learn stuff they did in the past. And because you learn about people you can make friends so you won't bully them.

The way Reaching Forward works is by getting some questions and let's say the question is someone who has ridden a horse then you find someone who has ridden a horse and once you find a person that has done it then you write their name on a sheet of paper. But also you can get a question like someone who has the same toothpaste as you. So there are a lot of ways to do it but some we do more than others.

Browns Bay School also does Buddy Class which you can friends with younger people or older people so you won't bully them and so you can find out about any brothers or sisters your friends have. And you can see if any of your friends would like to play with them. But other way Buddy Class helps is by one of the rules that is you must choose someone different each time.

But the reason Reaching forward and buddy class are good because if you do get bullied then your friends will help you in some way. And also bullying won't happen cause everyone would be friends. But Browns Bay School have a lot more things to help with bullying like Duty teacher, wheel of choice and star which is stop think act report and a lot of other things. The reason making friends is important is because your friends won't bully you.



By Hanah Bouwhuis