

# Preventing Bullying Together Commitment

Suitable for



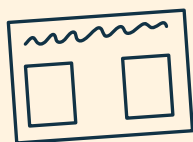
## Outcome:

To encourage students to actively consider what they can do to help prevent bullying in their school environment.

## Background:

This activity could be used after teachers have had a discussion in the classroom about what bullying is and how we can all help prevent it.

## Materials:



☐ Message board template (laminated so it can be written on and wiped off, or a small whiteboard)

☐ Camera



## Method:

- Students are given the message board with one of these sentences to complete:
  - 'I will help prevent bullying by ...'
  - 'I will support others by ...'
  - 'I will show kindness by ...'
  - 'I will (make up your own bullying prevention pledge)'
- Students write what they will do and have their photo taken with the message.
- All the photos are collected together and displayed in a prominent area of the school.

## Extension Activity:

- Record students holding up their sign on video. Edit clips together with music.
- Share on social media during Bullying-Free NZ Week with the hashtag #BullyingFreeNZ